

**SECTION - SUPPORTIVE SERVICES
ADMINISTRATIVE DIRECTIVE NO. 646
(Replaces A.D. No. 646 dated 6/15/06)**

Effective Date: June 14, 2007

SUBJECT: CENTRAL MEDICAL SERVICES

I. PURPOSE

To provide effective, efficient and appropriate medical care to the Individuals (and staff in urgent situations) of Coalinga State Hospital (CSH).

II. AUTHORITY

California Code of Regulations, Title 22, Sections 71201, 71203, and 71513.

III. POLICY

Central Medical Services (CMS) refers collectively to the following specialized services: Physician and Specialty consultant service, with the support of Central Supply, Central Medical Clinic, ECG/EEG Services, and Physical Therapy; Clinical Laboratory Services; Dental Clinic; and Radiology Services. These functions provide a broad spectrum of care and treatment to meet the health needs of Individuals hospital-wide.

IV. METHOD

The Chief Physician and Surgeon are responsible for all of the above services, and reports directly to the Medical Director of CSH. He/she plans, develops, manages, supervises, evaluates and coordinates the quality and appropriateness of medical care, using resources and services within the department. The Director of the Laboratory, Chief Dentist, Director of Radiology and support staff report to the Chief Physician and Surgeon.

A. Central Medical Clinic:

The Central Medical Clinic, in accordance with generally recognized standards of good practice, provides medical care to the Individuals of CSH. The Clinics provide a central focus of medical consultation resources and ongoing monitoring of chronic medical problems. These services are provided by physicians (both full time and contracted specialty physicians) and nurse practitioners with clinical privileges, and may include but are not limited to:

1. Initial History and Physical examination
2. Annual history and physical examination

3. Routine response and follow-up evaluations and treatment as requested by unit staff or Individuals themselves (a "Sick call").
 4. Specialty services are provided by staff physicians (e.g. podiatry) or by contracted specialist physicians who see Individuals either in their private offices, or in the hospital medical clinic. These include: ophthalmology, cardiology, radiology, general surgery, orthopedics, optometry, urology, dermatology, infectious disease, pain specialist, and pulmonology.
- B. The Medical Care Coordinator is responsible for interfacing with the community provider, the Individual's unit, CSH Physician, Department of Police Services, and is responsible for the scheduling and coordination of these appointments. Reports received from these outside appointment services are reviewed and disseminated by the Medical Care Coordinator. Follow-up clinic care is arranged as appropriate. The Medical Care Coordinator also works with the intermittently scheduled outside medical consultants who are privileged to provide services at CSH, usually in the Central Medical Clinic, and works with the regularly scheduled podiatrist.
- C. ECG/EEG Services:
- The ECG/EEG Department is part of the Central Medical Clinic and provides electrocardiograms to Individuals and employees and electroencephalograms and Holter monitoring to Individuals who are referred by a physician. For specific policies and procedures regarding ECCS/EEGs, refer to appropriate Nursing Procedures.
- D. Physical Therapy:
- Clinic Services also include Physical Therapy Services which are services ordered by a physician and provided to an Individual by a physical therapist in order to achieve and maintain the highest level of functional ability for that Individual. Services provided may include but not limited to:
1. Evaluation of the Individual's rehabilitation potential prior to the provision of services.
 2. Individual testing related to muscle, nerve, joint and functional ability.
 3. The treatment of Individuals to relieve pain and to develop or restore function.
 4. Assisting Individuals to achieve and maintain maximum performance using physical means such as: exercise, heat, sound, water, light, electricity, cold, air, massage, mobilization, bronchopulmonary hygiene and therapeutic exercise with or without assisting devices.

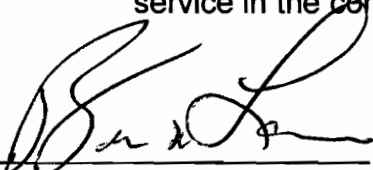
5. Assessment and training in locomotion include the use of orthotic, prosthetic or assisting devices.

E. Clinical Laboratory:

1. The Clinical Laboratory provides screening and diagnostic services to the hospital and its physicians. The primary mission of the department is to provide test results that are accurate, precise and timely. The Clinical Laboratory staff is supervised by the Pathologist, and administratively supervised by the Laboratory Director. At the request of hospital physicians, the department performs procedures in such areas as hematology, serology, chemistry, urinalysis, and bacteriology. For those procedures not performed on-site, contracted reference laboratories are utilized.
2. The Clinical Laboratory provides routine services from 0700-1630, Monday-Friday. At all other times, i.e., after-hours and emergencies nursing staff can draw blood samples which is then transported via contracted courier to our reference lab, or local hospital lab depending on the urgency and type of test needed.

F. Radiology Services:

The Radiology Department at CSH provides radiological diagnostic services for hospital Individuals and employees (urgent situations). This service is limited to plain film studies. A Radiologist provides plain film interpretation, and more complex studies are done by contracted specialists or the appropriate radiology service in the community.



BEN MCLAIN
Executive Director (Acting)

Cross Reference(s):

- A.D. No. 346 Medical Care of Coalinga State Hospital Individuals in Community Facilities
- A.D. No. 358 Outside Emergency Laboratory Services
- A.D. No. 508 Infection Control Program
- A.D. No. 510 Personal Relationships and Sexuality
- A.D. No. 616 Dental Services
- Infection Control Manual
- Nursing Procedure Manual